



## 2019 IMPACT REPORT

Every day, millions of people seek to feel joy, to connect to loved ones, to reduce stress, to be more compassionate, and to live their own life to its fullest.

We're on a mission to make that possible ...

... by helping people create more meaningful and joyful lives through the guided exploration of expanded consciousness.

With a community of more than 70,000 consciousness explorers, we share valuable tools to help each person access inner guidance aligned with their own purpose, goals and aspirations.

"I found a free used book in 2014: 'Journey's Out of the Body.' The inside pages were signed by participants at a workshop called Gateway. The title page had a strange handwritten math formula and the signature RM 1984. I later discovered this was my invitation to enter the world of the Monroe Institute.

"It was 2016 when I participated in my own Gateway retreat and I've regularly attended programs ever since. My experiences of expanded consciousness have been profound and transformational. I love that programs meet you where you are and trainers and participants are wonderful fellow travelers on the journey."

"For me, my time at Monroe feels like coming home to family."

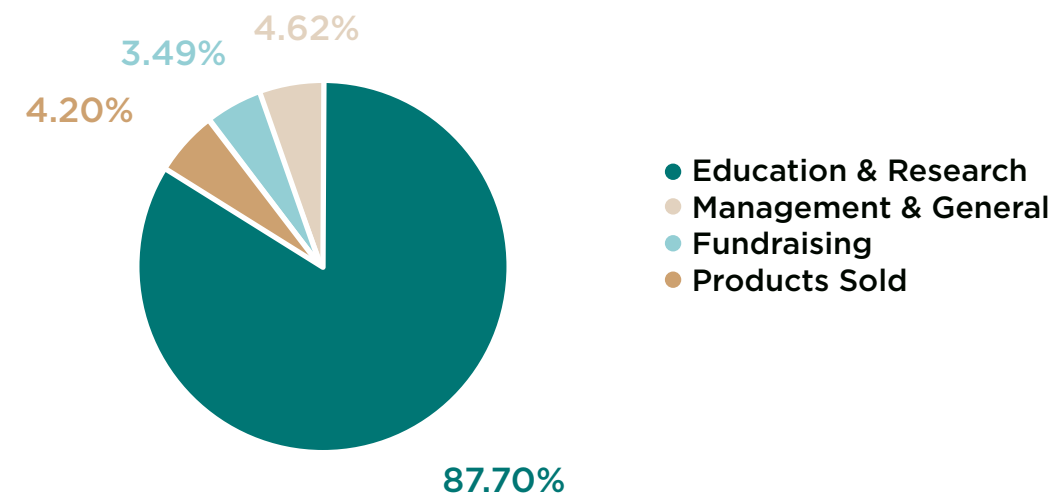
Sarah Laskin



In 2019 it took more than \$2.6 million to bring life-changing Monroe tools to the world.

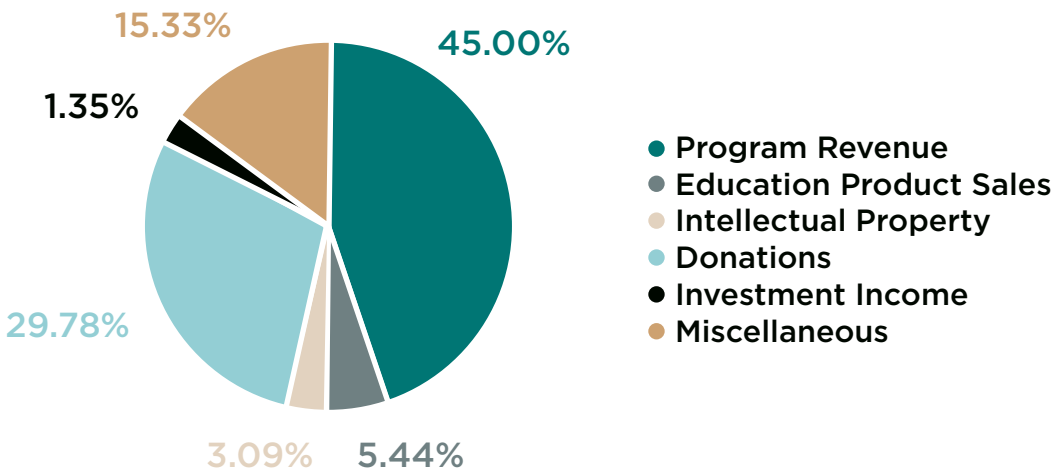
<b>1057 participants</b> USA Residential Programs	<b>634 participants</b> International Residential Programs
<b>615 participants</b> Online Courses	<b>10 countries</b> Hosted Residential Retreats
<b>1185 participants</b> Regional Workshops	<b>23 countries</b> Hosted Regional Workshops

2019 Monroe Institute Expenses



EXPENSES:	AMOUNT	%
Education & Research	\$2,344,978	87.70%
Products Sold	\$112,227	4.20%
Fundraising	\$93,283	3.49%
Management & General	\$123,414	4.62%
	\$2,673,902	100.00%

2019 Monroe Institute Revenue



REVENUE:	AMOUNT	%
Program Revenue	\$2,048,629	45.00%
Education Product Sales	\$247,876	5.44%
Intellectual Property	\$140,811	3.09%
Donations	\$1,355,906	29.78%
Investment Income	\$61,575	1.35%
Miscellaneous	\$697,894	15.33%
	\$4,552,691	100.00%

**49%** RETURN TO MONROE  
participants continue to explore with additional programs

" I have learned more from attending the Monroe programs than I did from attending school. This is the REAL stuff that we should be teaching our kids. The world will be a much happier place if enough people go through the Monroe program.

This should be mandatory for all of humanity!"

Nabil Mughal



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